



Jan. 2020 - Nov. 2021 VCPCP Newsletter

Since we have so much to catch up on in this newsletter, I will keep my remarks brief. So much has happened in the world since our last newsletter in fall 2019. I hope you and your loved ones are all safe and well. I've heard from many alumni who needed to have their credentials verified in order to practice across state lines. Although I wish it hadn't been under such difficult circumstances, it was wonderful to hear from all of you about what you are doing.

The Program's virtual site visit is scheduled for March 24/25 2022. The site visitors will meet with students, alumni, faculty, and administrators to ensure that we are compliant with the new Standards of Accreditation. We will be reaching out to recent alumni to see if you are able to meet virtually with the site visitors.

We are thrilled to announce a wonderful matching gift opportunity for the Virginia Consortium Program in Clinical Psychology (VCPCP)! Thanks to the generous support of Dr. and Mrs. Noel Goldberg, you can double your impact when you make a gift supporting the Virginia Consortium Program in Clinical Psychology fund at Old Dominion University (ODU). Dr. Goldberg graduated from the program in 2002 and currently provides psychological services to residents of Northern Virginia, the District of Columbia and Maryland through his practice, Dr. Goldberg & Associates. He and his wife will generously match every dollar donated to the program up to \$10,000 between now and December 31, 2021!

If you are interested in being a part of this incredible opportunity and doubling your gift to the VCPCP please consider making a contribution through our secure giving website: [Crowd funding at ODU | Virginia Consortium Program](#). For more information about this program and giving options please contact Krista Kimme, Development Officer for the College of Sciences at ODU, at kkimme@odu.edu or 757-683-6975. Thank you for your consideration and support of VCPCP.

Finally, this will be my last "What's New" column. I arrived at ODU in 1984 straight from internship and have been privileged to work with wonderful students and colleagues over the past 37 years. I am planning to retire in May 2022. A new DCT will be at the helm when you receive the next newsletter and I know I will be leaving the Program in very capable hands. It has been a great honor to help train the next generation(s) of clinical psychologists. I am so proud of all the ways in which our students and alumni contribute to making the world a better place.

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1st Year Students



This year, we were excited to announce the 21-22 incoming class of four first-year students!



Kinjal Patel

Previous Degree(s): B.S. in Psychology and Exercise and Sports Science, University of North Carolina at Chapel Hill (2019)

Research Interest: Interactions between interpersonal stressors, biological processes, and cognitive-emotional mechanisms during adolescence to predict suicidal behavior

I Enjoy: Taking walks and listening to podcasts, reading books & spending time with family and friends

Karolina Kazlauskaite

Previous Degree(s): B.S. in Psychology, minors in Spanish and Crime, Law, and Society, College of Charleston (2019)

Research Interest: Substance use, particularly alcohol use, in young adults

I enjoy: Going on walks, singing, journaling, trying new restaurants, and re-watching the same Hulu show I've seen 20 times already



Gabrielle Gravely

Previous Degree(s): B.A. in Psychology, Bennett College; (2013) M.A. in Psychology, Columbia University (2020)

Research Interest: Understanding parental depression in low-income families and LGBTQ parenting identities, particularly the best evidence-based therapies to treat these populations

I enjoy: Spending time with my family, exploring the area, and searching for my dream home on Zillow



Yasmine Nabulsi

Previous Degree(s): BA in Psychology and MA in Applied Experimental Psychology, University of West Florida

Research Interest: Examining the relationship between Fear of Missing Out, loneliness, and social-belongingness in those who score highly on scales of social anhedonia

I enjoy: Writing, reading, Pilates, and going to the beach (when the weather allows for it)

2nd Year Students

Last year, we were excited to announce the 20-21 incoming class of four first-year students!



John Chae

From: Born in South Korea, came to the U.S. in 7th grade and lived in NJ/NY since then.

Research Interest: Suicidal thoughts and behaviors among military population

Flavor of Ice Cream?: Ben & Jerry's Americone Dream because it is my favorite

Favorite Hobby: Soccer, Tennis, and Running



Kate(lyn) Haschke

From: Sioux Falls, South Dakota

Research Interest: Mindfulness, Fear of Missing Out, Gratitude

Flavor of Ice Cream?: Coffee because I am energetic and lively!

Favorite Hobby: Yoga and Beach Time



Raksha Kandlur

From: India

Research Interest: Suicidal risk and mental health disparities

Flavor of Ice Cream?: Chocolate chip

Favorite Hobby: Photography and Traveling



Emma Trierweiler

From: Portland, Michigan

Research Interest: Suicide and sexual assault in the past and currently Black masculinity and emotional intimacy

Flavor of Ice Cream?: Ben & Jerry's The Tonight Dough, because that is what the Ben and Jerry's website told me and I trust their expertise.

Favorite Hobby: Hiking and playing with my cat and rabbit

Welcoming New Faculty

George H. Noell, PhD, BCBA



After 25 years at LSU and serving for many years as the Director of Clinical Training for the APA approved School Psychology Ph.D. program, Dr. Noell arrives as a professor and department chair in the Department of Psychology at Old Dominion University. His research has focused on improving the quality and implementation of treatment plans for children in need of behavior therapy and academic intervention. He has been engaged in research examining methods for assessing the quality of teacher preparation. His recent research has expanded to examine rule governed behavior and categorical reasoning in young children.

Dr. Noell's scholarship has been acknowledged by receipt of an editorship, grants, research awards, and journal editorial board appointments. He has obtained more than 4 million dollars in extramural funding. Dr. Noell has served on taskforces and advisory boards for several states, the USDOE, CAEP, and APA. He is a fellow of the American Psychological Association, a member of the Society for the Study of School Psychology, and received the LSU Distinguished Faculty Award. Dr. Noell is a licensed psychologist and a Board Certified Behavior Analyst.

Welcoming Our Program Administrator!

Bre'Shey Wright



Bre'Shey Wright is the Program Administrator for the Virginia Consortium Program in Clinical Psychology. She will be aiding and managing day-to-day administrative tasks for the Program and Program office. She is an accomplished Administrative Assistant, with seven years of experience working alongside an executive team for the United States Navy. She enjoys using her skills to contribute to keeping staff organized and ensuring efficient communication within, and outside the Program.

Farewell & Thank You!!!

Darlene Colson, Ph.D.

Dear VCPCP Family,

It is with great joy and anticipation that I announce to you that effective June 1, 2021 I will be retiring. Psychology has been the enduring love of my life since I was age 11 and discovered psychoanalytic theory at my local library. It was then that I decided I wanted to be a psychologist. Of course, at that time I did not really know what that meant and what was involved in the process of achieving this goal. I eventually learned that I would need a Ph.D. and that this would require writing a book. I had little to no confidence in my ability to do this.



As an undergraduate student I learned how competitive graduate school was and the fact that my good grades were not enough for me to gain admission. So, I tried to do the things, such as research, that would make me more competitive and got very little support or even cooperation from faculty. I received rejection letters, and then what felt like a miracle, acceptance into The University of North Carolina at Chapel Hill. I was both thrilled and terrified.

When I arrived on campus. One of the first stories I heard was that no Black person had ever completed the Ph.D. program. It was not until a Black woman in the class ahead of me completed her degree that I began to think that it was possible.

I do not come from a background where attendance at college, and certainly not graduate school is expected or in any way the norm. I am grateful to God that I received the financial support and opportunities that allowed me to complete my education work in a field about which I remain passionate.

It has been so fulfilling to work with all of you. My joy is tempered only by the knowledge that I will no longer have regular interactions with the VCP students, faculty, and staff. I also feel a little guilt about no longer contributing to the mission. But I do feel that it is time to move on and explore other things and fulfill other goals.

I look forward to the day when we can all get together and hug and eat and drink without concerns about the pandemic!

Darlene Colson

Farewell & Thank You!!!

Matt Judah, Ph.D.

Matt Judah joined VCPCP in 2016 and left in 2020 to join the University of Arkansas. Prior to joining VCPCP, he completed a PhD in clinical psychology at Oklahoma State University and was an intern at the Medical University of South Carolina. Matt specializes in anxiety and depression, using electroencephalography to better understand cognitive risk factors.



He was drawn to VCPCP by the research opportunities, energetic students, and supportive colleagues. During his time with VCPCP, Matt mentored Nathan Hager, Alicia Milam, and Tiphonie Sutton. Matt served as the faculty chair of the diversity committee, co-chaired by Dominique Blanchette and Tiphonie Sutton. Along with former faculty member Rob Cramer and current faculty member Cassie Glenn, Matt co-led a federally-funded effort to improve mental health and reduce suicide risk at ODU. Matt carries with him many memories of the dedication and effectiveness of VCPCP's faculty and students.

Farewell & Thank You!!!

Alan Meca, Ph.D.

I started at ODU in the Fall of 2017 and I have since had the honor and privilege to teach, mentor and work alongside, some of the most amazing students I have ever had the pleasure of interacting with, and some phenomenal colleagues who not only embody what it means to be a teacher and a scholar, but also champions for diversity, equity, and inclusion.

To VCP students, I want to echo how proud I am to have had the opportunity to serve as an instructor, mentor, and colleague vis-à-vis the Diversity Committee.

As an instructor, I had the privilege to teach many of you how to think like a developmental scientist, which is by no means an easy task. Indeed, as I will argue for the rest of my career, developmental psychology and the metatheoretical stance it takes through its relational lens, clearly represents a subordinate field within psychology – to my colleagues, I am only partially kidding! The course delved in the historical and philosophical underpinnings of developmental science and explored the major theoretical traditions and paradigms, and with a self-reflected lens, the pitfalls of these traditions as it relates to understanding development within a specific social, cultural, and historical context particularly for those from marginalized populations. I want to let you all know how impressed I was with each and everyone of your capacity to process and critically evaluate and discuss the material. If only for a short period, I nurtured a young developmental scientist in each one of you and I hope the knowledge you learned will serve to guide your research and/or clinical interactions.

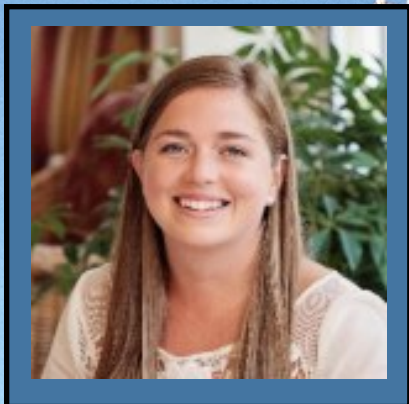
Beyond the classroom, I would be remiss if I did not describe how much value I hold for my time within the VCP Diversity Committee as a Faculty Contributor and Interim Chair. Over the last two years, I have had the opportunity to work along side some exceptional students and advocates for social justice. Alongside some of my equally amazing colleagues, we developed the VCP Diversity Workshop and subsequently a Mentoring Program that has served to directly address the leaky pipeline all too often observed in academia. We have advocated directly for social justice and inclusion, hosted hours of actions, and worked towards making a more equitable and inclusive climate within the VCP. Although I do not mean to diminish the contribution of the faculty within the VCP Committee, I cannot emphasize how inspiring it was to see the next generation of scholars, teachers, and practitioners address social inequity and injustice. It is your passion and drive for improving the field and society as a whole that fills me with optimism regarding our joint future.

To the VCP faculty, my colleagues, I want to thank you for the opportunities you have provided me and for making me feel welcomed within the consortium. I recall when Dr. Lewis first asked me to join as an affiliate faculty, and my first thought was that this was largely something symbolic, but I never once felt lessor than my colleagues and always felt like my opinion was heard and considered when relevant. Beyond the general sense of belonging, I have built strong collaborations with many of you and what I hope will be life-time friendships.

Although it is tempting to say adios, I would rather say see you around. To the VCP students I taught, worked alongside, and mentored, the door to my “zoom room” will always be open to you. If you ever need anything, please do not hesitate to reach out. To the new cohort though, and those who I did not get the opportunity to interact with, my door is also open to you as well. I hope to maintain my connections to my colleagues and to VCP in the coming years from affair. So although I will no longer be at ODU, this is not goodbye, but talk to you later!



VCPCP Diversity Club



Charlotte Dawson

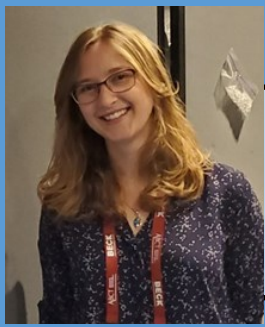


Nathan Hagar

Greetings from the Diversity Committee! This year has brought many opportunities for to help students and faculty explore topics of diversity and inclusion in our Program and beyond. In the wake protests over police brutality and racism, the committee organized resource sharing and a series of virtual Hour of Action events that mobilized students and faculty to take individual actions toward social justice. Social justice continued to be a focus over the year with monthly Hour of Action events on a variety of topics (e.g., LGBTQ+ rights, housing, and DACA), a Women's Month donation drive (raising \$1,600!), and a proposal for adding social justice to the curriculum. The mentorship program got underway, as VCP students provided ongoing mentorship to students from underrepresented backgrounds interested in psychology-related graduate schools. Our Diversifying Clinical Psychology initiative was adapted for the virtual world by pairing VCP volunteers with dozens of underrepresented undergraduates to provide them with assistance on graduate school goals and applications. Other events included discussion clubs on intersectionality and IQ testing, Safe Space LGBTQ+ Ally Training, and a fun cultural "show-and-tell" event where people shared recipes, photos, stories, and heirlooms. We welcome your ideas, questions, and resources! Please reach out at VCPCPDiversity@odu.edu.

Check out our [webpage](#)! If you would like to contribute a spotlight on your diversity-related research, clinical work, or personal journey in psychology, let us know (VCPCPDiversity@odu.edu) and we'd love to feature you on the webpage.

Recognizing Students



Alicia Milam

Received the NASA sponsored Virginia Space Grant Consortium Graduate Research STEM Fellowship (\$6,000) this year for her thesis. It is not typically given to psychology students, so she was pleasantly surprised. She heard back from them in May, but the fellowship is officially for 08/2020 to 08/2021.

Kelly Romano

Received a National Research Service Award (F31) fellowship grant from the National Institute of Mental Health (\$66,240). The title of her project is "Affect, mind-body factors, and eating behaviors: Naturalistic associations among female young adults with eating disorder symptoms." Her mentorship team includes **Kristin Heron, Robin Lewis, Abby Braitman, Matt Henson, and Matt Judah.**



Tiphonie Sutton



Received Graduate Summer Award Program grant, funded by ODU's Graduate School and Office of Research. Her project is titled: What We Learn From Each Other: Vicarious Posttraumatic Growth Among Non-Helping Professionals Following Exposure to Others Trauma Experiences. Her mentors for this award are **Kristin Heron** and Matt Judah.

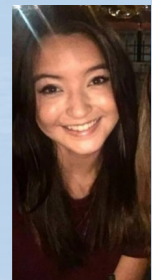
Charlotte Dawson



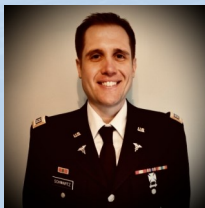
Awarded Master of Science Degree December 2020

Kelsey Ellis

Successfully defended dissertation "Contextual Factors of Harsh Parenting: Investigating the Role of Impulsivity and Parent Attribution Bias Under Conditions of Household Chaos"



John Schwartz



Successfully defended dissertation "Sleeping with the Enemy: Examining the Relationship Between Sleep and Pain in Post-9/11 Veterans"

Internship Match



Rachel Amerson

Wichita State University (Wichita, KS)

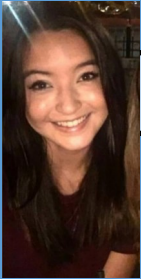
Laurel Brockenberry

Hampton VA Medical Center (Hampton, VA)



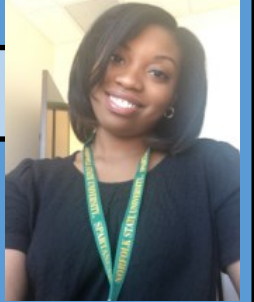
Kelsey Ellis

Hampton VA Medical Center (Hampton, VA)



Quandrea Harper

WellSpan Health (York, PA)



Phoebe Hitson

Charleston Area Medical Center/West Virginia University School of Medicine—Department of Behavioral Medicine and Psychiatry (Charleston, WV)



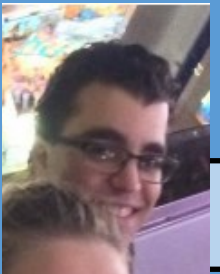
Emily Putnam

Virginia Beach City Public Schools (Virginia Beach, VA)



Daniel Schaffer

Washington State University Counseling and Psychological Services (Pullman, WA)



Tiphanie Sutton

Kaiser Oakland Medical Center (Oakland, CA)



VCPCP Research Day at NSU

On Friday, October 30th, a group of five students presented their research at the eighth annual VCPCP Research Day at NSU. Our event was virtual this year, but that didn't stop our students from demonstrating to the program the research they have conducted. Research Day continues to be a great opportunity for students and faculty to be exposed to the diverse research being conducted by our students! Below is a list of this year's student presenters and their respective research projects.



Charlotte Dawson

Faculty Mentor: Dr. Robin Lewis (ODU)

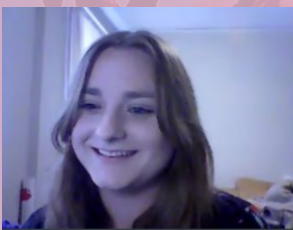
A Model of Individual, Relationship, and Societal Factors and Mental Health and Well-being in Partnered Sexual Minority Women: The Central Role of Relationship Satisfaction.



Gina Alexander

Faculty Mentor: Dr. James Paulson (ODU)

The Predictive Validity of Relationship Quality and the Coparenting Relationship on Relationship Longevity in Fragile Families



Rachel Davies

Faculty Mentor: Dr. Michelle Kelley (ODU)

The Mediating Effects of Depressive Symptoms on the Relation between Military Sexual Trauma and Reintegration Difficulties



Jamie Macchia

Faculty Mentors: Dr. Rob Cramer (ODU) & Dr. Jennifer Flaherty (EVMS)

Coping Self-efficacy as a Potential Moderator of the Relationship between Sexual Orientation and Mental Health



Katelyn Haschke

Faculty Mentor: Dr. Scott Debb (NSU)

* Mobile Mindfulness: There's an App for That!

* Thesis Approved from Master Program. Research was not completed with current faculty mentor.

Consortium Graduates 2020-2021

The program is always proud of our recent graduates as they embark on their new adventures within the field. We are certain these recent graduates will make exceptional contributions into the field just as the prior alumni have and continue to do! Congratulations and thank you to you all for your hard work and determination!

Allison Battles

Alexander Shappie

Dominique Blanchette

Lydia Qualls

Sean Flannery

Peter Preonas

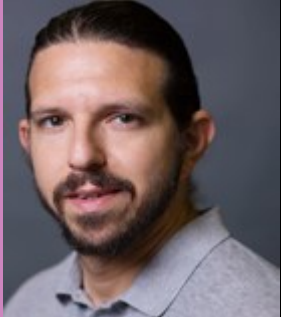
Charles Freligh

Rachel MacIntyre

Lindsay Howard

Stefan LaTulip

Recognizing Faculty



Dr. Scott Debb submitted a Grant with Collaborative Research: CISE-MSI: DP: SaTC: Insight Driven Semi-Supervised Learning for Timely Misinformation Detection on Social Media (NSF: SaTC submission—currently being reviewed)

Cyberpsychology Research Lab, part of the “Center of Excellence in Cyber Security” (Department of Defense & U.S. Air Force Research Lab cooperative agreement; BAA-RIK-2014-0008 Funded 2015-2020; \$4,900,000); Key Personnel, received a no cost extension of the project for 2020-2021 and 2021-2022

Dr. Ernestine Duncan was elected to represent the College of Liberal Arts on the University Review Committee



Dr. Leah Floyd

Grant:

Focus: Suicidal Behaviors and Substance Use Among Black Youth

Funding Agency: National Institutes of Health (NIH)

Collaborators: NSU (PI: LEAH FLOYD), NYU and The Johns Hopkins University



Dr. Andrew Franklin Promoted to Associate Professor with Tenure



Recognizing Faculty Cont.



Dr. Cassie Glenn

Grant:

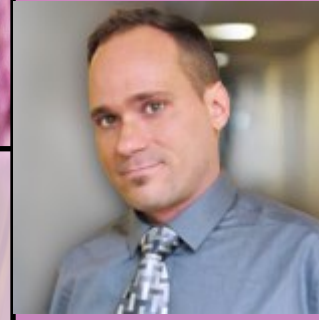
National Institute of Mental Health (R01 MH124899)

Clarifying Proximal Mechanisms Linking Interpersonal Stressors to Suicidal Behavior in Youth: A Multi-informant Real-time Monitoring Study

MPIs: Kleiman (Rutgers), Glenn (ODU), Liu (Mass General Hospital) 2021 - 2025



Dr. Kelli England & Dr. Paul Harrell



Title: A Risk-Tailored Approach to Connecting Youth with Vaping Prevention and Cessation Resources

PI: Paul Harrell, Co-PI: Amy Paulson, Co-Investigators: Kelli England, Natasha Sriraman

\$450,000 (3 years July 1, 2021 – June 30, 2024)

Funder: Virginia Foundation for Healthy Youth

Description: This project will address adolescent vaping concerns by developing, disseminating, and evaluating a risk-tiered decision tree and resource connection system to improve outcomes for vaping prevention and cessation for adolescents in our community, clinics, and schools. Through a community-engaged process with area health care providers and other stakeholders, we will evaluate current capacity and develop and implement a plan to create better connectivity, address gaps and barriers and improve access to needed tools to increase opportunities for prevention and cessation for area youth.

Research Across the Consortium

The Consortium is always excited to recognize for recent research achievements across the institutions.

Recent Publications

Cramer, R.J., Langhinrichsen-Rohling, J., Kaniuka, A.R., Wilsey, C.N., Mennicke, A., Wright, S., Montanaro, E., Bowling, J., & Heron, K.E. (2020). Preferences in information processing, marginalized identity, and non-monogamy: Understanding factors in suicide-related behavior among members of the alternative sexuality community. *International Journal of Environmental Research and Public Health*, 17, 3233. doi:10.3390/ijerph17093233.

Cramer, R.J., Wright, S., Wilsey, C.N, Kaniuka, A.R., Bowling, J., Crocker, T., Langhinrichsen-Rohling, J., Montanaro, E., Mennicke, A., & Heron, K.E. (2020). Alternative sexuality, sexual orientation, and mobile technology: Findings from the National Coalition for Sexual Freedom technology and health enhancement feasibility study. *Psychology & Sexuality*. Advanced publication online. doi:10.1080/19419899.2020.1777188

Debb, S.M., Haschke, J., & McClellan, K. (manuscript under peer review). *Validation of the Fear of Missing Out Scale for Use With African Americans In the United States*.

Debb, S.M., & McClellan, K. (in press). Factors Impacting Perceived Vulnerability as a Determinant of Increased Risk For Cyber Security Risk Behavior. *Cyberpsychology, Behavior, & Social Networking*.

Debb, S.M., *Schaffer, D.R., & Colson, D.G. (2020). A reverse digital divide. Comparing information security behaviors of Generation Y and Generation Z adults. *International Journal of Cybersecurity Intelligence & Cybercrime*, 3(1), 42-55. Retrieved from <https://vc.bridgew.edu/ijcic/vol3/iss1/4/>

Ehlke, S.J., Braitman, A.L., Dawson, C.A., Heron, K.E., & Lewis, R.J. (2020). Sexual minority stress and social support mediate the association between sexual identity and health outcomes among young adult lesbian and bisexual women. *Sex Roles*, 83, 370-381. doi:10.1007/s11199-019-01117-w.

Research Across the Consortium

Recent Publications Cont.

England, K., Edwards, A. L., Paulson, A. C., **Harrell, P. T.,** Gordon, E., **Putnam, E.** (2020). Health Provider Knowledge and Practices Regarding Teen E-cigarette Use. In L. McKenzie (Ed.), "The American Academy of Health Behavior 2020 Annual Scientific Meeting: Transforming the narrative to meet emerging health behavior challenges," *Health Behavior Research: Vol. 3: No. 2*, p. 33. <https://doi.org/10.4148/2572-1836.1091>

England, K.J., Edwards, A.L., Paulson, A.C., Libby, E.P., **Harrell, P.T.,** & Mondejar, K.A. (2021). Rethink Vape: Development and evaluation of a risk communication campaign to prevent youth E-cigarette use. *Addictive Behaviors*, *113*, 106664. <https://doi.org/10.1016/j.addbeh.2020.106664> PMID: 33038677.

England, K.J., Harrell, P.T., Edwards, A.L., Paulson, A.C., Plunk, A.D., Herman, M.C., **Yilmaz, B.,** & Mondejar, K.A. (2021). Development of a Risk Behavior Diagnosis Scale for E-cigarette use. *American Journal of Health Behavior*, *45*(2), 342-351. <https://doi.org/10.5993/AJHB.45.2.13> PMID: 33888194.

Gadsden, O.D. & Colson, D. G. (2020). Breaking the silence of colorism: Psychotherapy as a form of reflexivity and liberation. In K.M. Woodson (Ed.). *Colorism: Investigating a global phenomenon* (pp. 308-323). https://www.amazon.com/dp/1647130190/ref=cm_sw_r_cp_api_fabc_DQPUFbWRJWGGJ

Glenn, C. R., Kleiman, E. M., Kearns, J. C., Santee, A. C., Esposito, E. C., Conwell, Y., & Alpert-Gillis, L. J. (in press). Feasibility and acceptability of ecological momentary assessment with high-risk suicidal adolescents following acute psychiatric care <<https://www.tandfonline.com/doi/abs/10.1080/15374416.2020.1741377>>. *Journal of Clinical Child and Adolescent Psychology*. PMID: 32239986.

Hager, N. M., Cramer, R. J., Kaniuka, A. R., Vandecar-Burdin, T., Badger, N., Holley, A. M., Foss, J., **Glenn, C. R.,** Judd, S., South, G. M., & Judah, M. R. (in press). An evaluation of the core competency suicide prevention training program for university health service providers <<https://www.tandfonline.com/doi/abs/10.1080/87568225.2021.1911726>>. *Journal of College Student Psychotherapy*.

Hamrick, H. C., Ehlke, S. J., **Davies, R. L.,** Higgins, J. M., Naylor, J., & **Kelley, M. L.** (2021). Moral Injury as a mediator of the associations between sexual harassment and mental health symptoms and substance use among women veterans. *Journal of Interpersonal Violence*, <https://doi.org/10.1177/0886260520985485>

Research Across the Consortium

Recent Publications Cont.

- Harper, Q. & Debb, S.M.** (2020). Assessing Family Resilience for African American College Students: Confirmatory Factor Analysis of the Family Resilience Assessment Scale. *Journal of American College Health*. Manuscript accepted for publication.
- Hausmann-Stabile, C., **Glenn, C. R., & Kandlur, R.** (in press). Theories of suicidal thoughts and behaviors: What exists and what is needed to advance youth suicide research. In R. Miranda & E. Jeglic (Eds), *Handbook of youth suicide prevention: Integrating research into practice*. New York, NY: Springer.
- Heron, K.E., Braitman, A.L., Dawson, C.A., MacIntyre, R.I., Howard, L.M., & Lewis, R.J.** (in press). Evaluating study procedure training methods for a remote daily diary study of sexual minority women. *mHealth*, 2020. doi:10.21037/mhealth-20-116
- Howard, L. M., Heron, K. E., & Cramer, R. J.** (2020). The Deliberate Denial of Disordered Eating Behaviors Scale: Development and initial validation in young women with subclinical disordered eating. *Journal of Psychopathology and Behavioral Assessment*, 42, 774-786. doi:10.1007/s10862-020-09819-2
- Howard, L.M., Heron, K.E., Smith, K.E., Crosby, R.D., Engel, S.G., Wonderlich, S.A., & Mason, T.B.** (2021). Examining the real-world predictive validity of the Power of Food Scale using ecological momentary assessment. *Eating and Weight Disorders*, 26, 717-721. doi: 10.1007/s40519-020-00871-1.
- Howard, L.M., Romano, K.A., & Heron, K.E.** (2020). Prospective changes in disordered eating and body dissatisfaction across women's first year of college: The relative contributions of sociocultural and college adjustment risk factors. *Eating Behaviors*, 36, 101375. doi:10.1016/j.eatbeh.2019.101357.
- Kelley, M. L., Chae, J. W., Bravo, A. J., Milam, A. L., Agha, E., Vinci, C., & Currier, J. M.** (in press). Own soul's warning: Moral injury, suicidal ideation, and meaning in life. *Psychological Trauma: Theory, Research, Practice, and Policy*.
- Lewis, R. J., Romano, K. A., Ehlke, S. J., Lau-Barraco, C., Sandoval, C. M., Glenn, D. J., & Heron, K. E.** (in press). Minority stress and alcohol use in sexual minority women's daily lives. *Experimental and Clinical Psychopharmacology*.

Research Across the Consortium

Recent Publications Cont.

MacIntyre, R. I., Heron, K.E., Crosby, R.D., Engel, S.G., Wonderlich, S.A., & Mason, T.B. (2021). Measurement of the influences of social processes in appetite using ecological momentary assessment. *Appetite*, *161*, 105126. doi:10.1016/j.appet.2021.105126

MacIntyre, R.I., Heron, K.E., Braitman, A.L., & Arigo, D.R. (2020). Social comparison motivations: An ecological momentary assessment of self-evaluation and self-improvement body-focused comparisons on college women's body dissatisfaction and exercise. *Body Image*, *33*, 264-277.

MacIntyre, R.I., Heron, K.E., Howard, L.M., & Symons Downs, D. (2020). Gender and black-white race differences in exercise dependence prevalence and associated disordered eating. *Research Quarterly for Exercise and Sport*. Advanced publication online. doi:10.1080/02701367.2020.1767757

Massey, Z.B.*, **Brockenberry, L.O.***, & **Harrell, P.T.** (2021). Vaping, smartphones, and social media use among young adults: Snapchat is the platform of choice for young adult vapers. *Addictive Behaviors*, *112*, 106576. <https://doi.org/10.1016/j.addbeh.2020.106576> PMID: 32768796; PMCID: PMC7572840.

Meca, A., Allison, K., Ayers, K. L., Carr, K., Cox, S., Bravo, A. J., Davies, R., & Kelley, M. L. (in press). Understanding the Unique Effects of Identity in Adjustment Among Veterans. *Military Behavioral Health*.

Meca, A., Park, H., Higgins, J., Hamrick, H., Webb, T., Davies, R.L., Golembiewski, L., Bravo, A. J., & Kelley, M. L. (2020). The role of United States identity in adjustment among Veterans. *Military Psychology*, *32*(6), 408-416. <https://doi.org/10.1080/08995605.2020.1802400>

Meltzer, L.R., Simmons, V.N., Piñeiro, B., Drobles, D.J., Quinn, G.P., Meade, C.D., Brandon, K.O., Palmer, A., Unrod, M., **Harrell, P.T.**, Bullen, C.R., Eissenberg, T., & Brandon, T.H. (2021). Development of a self-help cessation intervention for dual users of tobacco cigarettes and e-cigarettes. *International Journal of Environmental Research and Public Health*, *18*, 2328. <https://doi.org/10.3390/ijerph18052328> PMID: 33673413. PMCID: PMC7956571.

Miller, K. O. & **Duncan, E. A. W.** (2021). Black Mothers Wearing “the Mask” as Social Justice Activists. PHILLIS: The Journal for Research on African American Women.

Research Across the Consortium

Recent Publications Cont.

Romano, K.A. & Heron, K.E. (2020). Racial differences in overeating, loss of control eating, and binge eating: Extending core tenets of the cognitive behavioral theory of eating disorders. *Appetite*, 153, 104747. doi:10.1016/j.appet.2020.104747.

Romano, K.A., Heron, K.E., Amerson, R., Howard, L., MacIntyre, R., & Mason, T.B. (2020). Changes in disordered eating behavior over 10 years: A meta-analysis. *International Journal of Eating Disorders*, 53, 1034-1055. doi:10.1002/eat.23288

Romano, K.A., Heron, K.E., & Henson, J.M. (2021). Examining associations among weight stigma, weight bias internalization, body dissatisfaction, and eating disorder symptoms: Does weight status matter? *Body Image*, 37, 38-49. <https://doi.org/10.1016/j.bodyim.2021.01.006>

Romano, K.A., Heron, K.E., Smith, K.E., Crosby, R.D., Engel, S.G., Wonderlich, S.A., Pang, R.D., Mason, T.B. (2020). Somatic symptoms and binge eating in women's daily lives. *Journal of Psychosomatic Research*, 135, 110161. doi:10.1016/j.jpsychores.2020.110161

Romano, K.A., Stamates, A., Heron, K.E., Braitman, A.L., & Lau-Barraco, C. (2020). Sex and racial differences in patterns of disordered eating and alcohol use. *Behavioral Medicine*, 10, 1-13. doi: 10.1080/08964289.2020.1748862.

Winstead, B.A., Shappie, A.T., & Dawson, C.A. (2021). Intimate partner violence in women's same-sex relationships. In A.J. Johnson & E. Lund (Eds.), *Violence Against LGBTQ+ Persons: Research, Practice, and Advocacy*. New York, NY: Springer.

Research Across the Consortium

Recent Presentations/Posters

Ayers, K. L., Meca, A., Rodil, J., Cowan, I., & Gober, T. (2021). Interpersonal Relationships and Attachment in Ethnic and Racial Minorities: The Influence of Discrimination and Trauma. Poster presentation at the 2021 Society for Research in Child Development (SRCD) Biennial Meeting

Brandon, T. H., Simmons, V. N., Sutton, S. K., Martinez, U., Drobles, D. J., Meltzer, L. R., Brandon, K. O., Byrne, M. M., Harrell, P. T., Eissenberg, T., Bullen, C. R., (2021, February). Smoking cessation self-help for dual users of tobacco cigarettes and e-cigarettes: Primary outcomes of an RCT. In C. O. Cobb (chair), *Randomized controlled trials for electronic nicotine delivery systems: New directions and findings*. Symposium conducted at the annual meeting of the Society for Research on Nicotine and Tobacco, Virtual.

Butler, L.V., Craig, J.A., Dawson, C.A., Heron, K.E., & Lewis, R.J. (2020, February). Investigating daily stressors among lesbian women. Poster presented at the Old Dominion University Undergraduate Research Symposium, Norfolk, VA.

Caceres, B.A., Heron, K.E., Ancheta, A.J., Veldhuis, C.B., & Hughes, T.L. (2020, April). Minority stressors and poor mental health are associated with increased risk of binge eating behaviors in sexual minority women. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA. (Conference canceled)

Childress, D. G. & Floyd, L. (2021, April). *Prevalence and factors associated with suicide ideation among African American college students*. Paper presented at the Research and Innovation Symposium and Exhibition (RISE 21), Norfolk State University, Norfolk, VA (Virtual Conference).

Cox, S., Chae, J.W., & Kelley, M.L. (2021, May). *The Mediation Effect of Meaning in Life on the Relationship Between In-depth Exploration and Negative Repetitive Thoughts*. Poster abstract accepted for the Association for Psychological Science, Virtual Convention.

Cox, S. M.*, Davies, R. L., & Kelley, M.L. (2020, August 6-9). *The moderation effects of social support on the relation between reintegration and alcohol use* [Poster presentation]. American Psychological Association 2020 Convention, Washington D.C. <https://convention.apa.org/>

Research Across the Consortium

Recent Presentations/Posters Cont.

Davies, R.L., Chae, J.W., & Kelley, M.L. (2021, August). *Other-directed Moral Injury as a Mediator between Institutional Betrayal and Anger*. Poster abstract accepted for the annual American Psychological Association.

Davies, R. L., Golembiewski, L., & Kelley, M. L. (2020, June 1). *The mediation effects of PTSD on the Relation between moral injury and reintegration in veterans* [Poster presentation]. 32nd American Psychological Sciences Annual Convention, Chicago, IL. <https://www.psychologicalscience.org/conventions/annual>

Davies, R. L., Hamrick, H.C., Ehlke, S. J., Higgins, J., & Kelley, M. L. (2020, August 6-9). *Moral injury's mediation effects between unwanted sexual attention and mental health outcomes* [Poster presentation]. American Psychological Association 2020 Convention, Washington D.C. <https://convention.apa.org/>

Dawson, C.A. & Lewis, R.J. (2021, August). *The Protective Effects of Same-Sex Relationships for Mental Health and Well-Being*. Poster to be presenting at the annual meeting of the Society for the Psychological Study of Sexual Orientation and Gender Diversity (Division 44) for the 2021 virtual APA conference.

Debb, S.M. (2020, June). *Fear of Missing Out: Correlates and Contributors*. Paper accepted for presentation at the 25th annual CyberPsychology, CyberTherapy & Social Networking Conference. Milan, Italy. (Conference cancelled due to COVID-19).

Debb, S.M. (2021, February). *Enhancing Online Graduate Education Through Interactive Asynchronous Instruction: Utilizing Cyberpsychology To Teach CyberPsychology*. Paper accepted for virtual presentation at the Southeastern Teaching of Psychology Conference, Atlanta, GA (Virtual Conference).

Debb, S.M., *Haschke, K.J., & *McClellan, M.K. (2021, August). *Fear of Missing Out Manifests Differently for African American and Caucasian College Students*. Paper to be presented at the 128th annual convention of the American Psychological Association, location TBD.

Debb, S.M., *Haschke, K.J., & *McClellan, M.K. (2021, August). *Assessment of Fear of Missing Out: Comparing Survey Instruments For Use With Diverse Groups*. Poster to be presented at the 128th annual convention of the American Psychological Association, location TBD.

Research Across the Consortium

Recent Presentations/Posters Cont.

Debb, S.M., Parks-Vernizzi, E., Savic, L., & Arnold, B.J. (2020, May). *Cross-cultural validation of the FACIT-Dyspnea-10 Short Form across 45 languages and 53 countries.* Poster accepted for presentation at the 32nd annual convention of the Association for Psychological Science, Chicago, IL. (Conference cancelled due to COVID-19).

Debb, S.M., & *Shaffer, D.R. (2020, June). *Cognitive dissonance, frontal cortex asymmetry, and its effect on cybersecurity password creation.* Paper accepted for presentation at the 25th annual CyberPsychology Conference. Milan, Italy. (Conference cancelled due to COVID-19).

England, K., Edwards, A., Gordon, E., **Putnam, E.,** Dobyons, T., Springer, C. (2021, March) Barriers and opportunities for messaging parents about rear-facing car seats: A mixed-methods evaluation [Conference presentation]. Annual Scientific Meeting of the American Academy of Health Behavior, USA, www.aahb.org.

Glenn, C. R. (2021, March). Real-time monitoring of high-risk youth following discharge from hospitalization. Presented at the National Institute of Mental Health's virtual round table on Preteen Suicide: Measuring Risk and Protective Factors Across Multiple Domains.

Glenn, C. R. (2021, May). Screening and assessing suicidal thoughts and behaviors in youth. Presented at CHKD and EVMS' virtual conference on Youth Suicide: Risk and Prevention.

Glenn, C. R., Gould, M., Carlson, M., Eskin, C., Leets, M., Moser, E., **Kandlur, R., & Duan, A.** (2021, April). Evaluating the impact of peer-to-peer crisis lines on youth volunteers. Poster presented at the virtual meeting of the American Association of Suicidology.

*Haschke, K.J., *McClellan, M.K., & **Debb, S.M.** (2021, April). *Assessing Fear of Missing Out From a Cross Cultural Lens: Concurrent Validity of FoMO-10 and FoMO-SF.* Poster presented at the 128th annual convention of the American Psychological Association, location TBD.

*Haschke, K.J., *McClellan, M.K., & **Debb, S.M.** (2021, April). *Mental health disparities among various cultural groups: Differences in anxiety, depression, affect, and resilience.* Poster to be presented at the 14th Xavier University Annual Health Disparities Conference, New Orleans, Louisiana (Virtual Conference).

Research Across the Consortium

Recent Presentations/Posters Cont.

Heron, K.E. (2020, April). Reflections on innovative methods in eating disorder research. In T. Mason (Chair), *Reducing the burden of eating disorders: Innovative methods in eating disorder research*. Symposium conducted at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA. (Conference canceled)

Heron, K.E., Dawson, C.A., Sandoval, C.M., Butler, L.V., Craig, J.A., Braitman, A.L., & Lewis, R.J. (2020, April). Assessing women's sexual minority stressors in daily life: Does the way we ask the question matter? Poster presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA. (Conference canceled)

Heron, K.E., Dawson, C.A., Sandoval, C.M., Sutton, T.G., Braitman, A.L., & Lewis, R.J. (2021, April). Refining an ecological momentary assessment study of binge eating in sexual minority and heterosexual young women: A mixed methods pilot study. In **K. Heron** (Chair), *Using mixed-methods designs to refine ecological momentary assessment studies of health behaviors in diverse populations*. Symposium conducted at the meeting of the Society of Behavioral Medicine, Virtual Conference.

Heron, K.E., Romano, K.A., Braitman, A.L., Dawson, C.A., & Lewis, R.J. (2021, June). Sexual minority stressors and disordered eating behaviors in daily life: A daily diary study of sexual minority women. Paper to be presented at the biannual meeting of the Society for Ambulatory Assessment, Virtual Meeting. <https://saa.dynage.uzh.ch/>

Howard, L. M., & Heron, K. E. (2021, April). *Exploring the role of denial in eating disorder behaviors among young women*. Poster (Research Spotlight) presented at the Society of Behavioral Medicine, Virtual Conference.

Howard, L.M., Heron, K.E., Veltri, C.O.C. (2020, April). Validation of the Underreporting of Disordered Eating Behaviors Scale using a simulation design. In T. Mason (Chair), *Reducing the burden of eating disorders: Innovative methods in eating disorder research*. Symposium conducted at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA. (Conference canceled)

Lewis, R.L., Ehlke, S.J., Lau-Barraco, C., Heron, K.E. (2020, April). A daily process examination of sexual minority stress and alcohol use among sexual minority women. Poster presented at the annual meeting of the Collaborative Perspectives on Addiction, San Diego, CA. (Conference canceled)

Research Across the Consortium

Recent Presentations/Posters Cont.

MacIntyre, R.I., Heron, K.E., Dawson, C.A., Arigo, D.A., & Filipkowski, K. (2020, April). Does assessment alter responses? An examination of reactivity in an ecological momentary assessment of body comparisons. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA. (Conference canceled)

***McClellan, M.K., *Haschke, K.J., & Debb, S.M.** (2021, August). *Fueling FoMO: The Relationship Between Anxiety and the Need to Belong*. Poster to be presented at the 128th annual convention of the American Psychological Association, location TBD.

***McClellan, M.K., *Haschke, K.J., & Debb, S.M.** (2021, April). *FoMO factors: How personality, emotion, and the need to belong impact the fear of missing out*. Paper to be presented at the Research and innovation Symposium and Exhibition (RISE 21), Norfolk State University, Norfolk VA (Virtual Conference).

***McClellan, M.K., *Haschke, K.J., & Debb, S.M.** (2021, April). *The role of gender on perceived stress and psychological well-being*. Poster to be presented at the 14th Xavier University Annual Health Disparities Conference, New Orleans, Louisiana (Virtual Conference).

Murray, T.E.*, Soohoo, K.G.*, & Harrell, P.T. (2021, August). Tobacco user beliefs about nicotine salts. American Psychological Association 2021 Convention, San Diego, CA, United States (Division 28 Virtual Presentation).

Murray, T.E.*, Soohoo, K.G.*, & Harrell, P.T. (2021, June). Tobacco user beliefs about nicotine salts. College on Problems of Drug Dependence 83rd Annual Scientific Meeting, Virtual.

Murray, T.E.*, Soohoo, K.G.*, & Harrell, P.T. (2021, February). Widespread e-cigarette use among cigarette smoker sample unrelated to gender or race. Presentation for annual meeting of the Society for Research on Nicotine and Tobacco., Virtual.

Putnam, E. L., Edwards, A. L., Gordon, E. R., Springer, C., Dobyns, T., & England, K. J. (2021, April). Parent perceptions of the "Boost 'em in the Back Seat" intervention: A mixed methods evaluation [Conference presentation]. Bi-Annual Scientific Meeting of the Society for Advancement of Violence and Injury Research, USA, www.savir.org.

Research Across the Consortium

Recent Presentations/Posters Cont.

Rodil, J., Meca, A., Allison, K., Ayers, K. L., Carr, K., & Ray, T. (2021). The cost of racism: Examining the experiences of the majority. Poster presentation at the 2021 Society for Research in Child Development (SRCD) Biennial Meeting.

Romano, K.A., & Heron, K.E. (2021, April). *Regulatory parental feeding behaviors, emotion suppression, and emotional eating: Examining parent-teen dyadic associations*. Poster (Research Spotlight) presented at the annual meeting of the Society of Behavioral Medicine, Virtual Conference.

Romano, K.A., Heron, K.E., Amerson, R., Howard, L., MacIntyre, R., & Mason, T.B. (2020, April). Longitudinal changes in disordered eating behaviors in children and young adults: A systematic review and meta-analysis. Paper presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA. (Conference canceled)

Sandoval, C.M., Howard, L.M., & Heron, K.E. (2020, April). Body image and disordered eating differences among racial and sexual minority women. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA. (Conference canceled)

Sandoval, C. M., Romano, K. A., Heron, K. E., Dawson, C. A., Sutton, T. G., Winstead, B. A., & Lewis, R. J. (2021, April). *Associations between body dissatisfaction and relationship factors among same-sex female couples: An actor-partner model*. Poster (Research Spotlight) presented at the annual meeting of the Society of Behavioral Medicine, Virtual Conference.

Scott, M.J., Howard, L.M., & Heron, K.E. (2020, May). Examining stress, depression, and self-esteem in three groups of college students: Collegiate athletes, non-collegiate athletes and non-athletes. Poster presented at the annual meeting of the Virginia Academy of Sciences, Harrisonburg, VA. (Conference canceled)

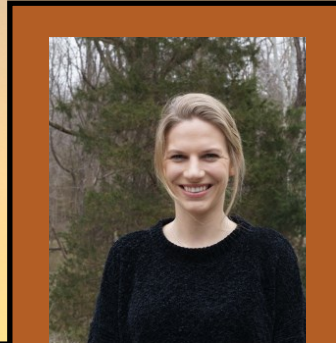
Trierweiler, E. & Gadsden, O. (2021). The relationship between educational levels, relationship history, and masculine ideology with adult African American males. Poster presentation to APS.

Additional News



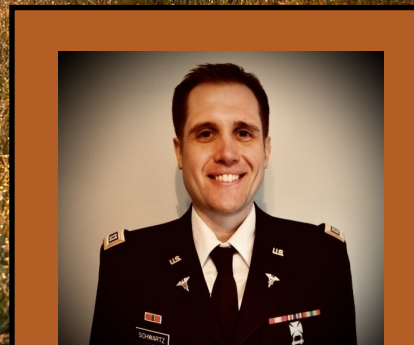
Rachel MacIntyre

Rachel MacIntyre accepted a position as a tenure-track Assistant Professor in Psychology Department at Millersville University in Lancaster, PA. She will be starting her new position in August 2021 after graduating from the Virginia Consortium Program.



Lindsay Howard

Lindsay Howard has accepted a position as a tenure-track Assistant Professor in the Psychology Department at Augustana University in Sioux Falls, SD. She will be starting her new position in August 2021 after graduating from the Virginia Consortium Program.



John Schwartz

In July 2020, John was commissioned as a CPT in the Army and attended 10 weeks of training at Ft. Sam Houston, TX..

Additional News

Raksha Kandlur

Raksha was featured in Monarch Mondays in January 2021.



MONARCH MONDAYS

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College of Sciences

Meet Raksha Kandlur!

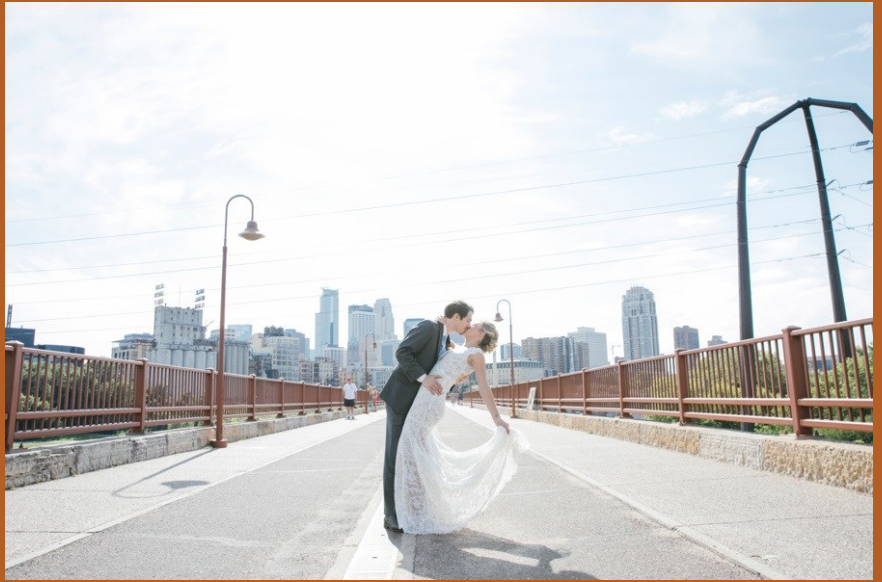
Department of Psychology

Raksha is a doctoral student in clinical psychology. Her research in the Youth Risk and Resilience Lab focuses on understanding suicidal thoughts and behaviors, and (mal)adaptive coping related to stressful life experiences. Particularly, her research also focuses on people who are disproportionately underrepresented and have reduced access to mental health resources.

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Weddings

Charles Freligh and Lindsay Howard had a civil ceremony in Norfolk, VA on May 23rd, 2020 and a small wedding ceremony with a few family and friends in Minneapolis, MN on August 15th, 2020



John Schwartz and wife Rebekah had a small, COVID-friendly wedding at Plum Point Park in Norfolk in June 2020.

Additional News

Scott Debb Ed.D.

- Case by Case podcast—content expertise interview: [*Neopets, Runescape, and the little internet graveyards that won't die*](#) (April 4, 2021)
- WHRO (local NPR) radio appearance: [*Extremism and dialogue in the digital age*](#) (January 26, 2021)
- 2021: Guest Editor for a special issue of [*Cyberpsychology, Behavior, and Social Networking*](#) focused on the human aspects of cybersecurity.
- 2020: Appointed to the Editorial Board for the peer-reviewed academic journal [*Cyberpsychology, Behavior, and Social Networking*](#), published by Mary Ann Liebert Publishers
- March 2020: Guest interview for Stanford University's [*Stanford Daily*](#), focused on [*zoom fatigue*](#)
- May 2020: Guest interview for Vox article [*The stark loneliness of digital togetherness*](#)

Cassie Glenn Ph.D.

Our recent ecological momentary assessment (EMA) study examining short-term risk for suicide among youth during the high-risk post-hospitalization period, funded by the American Foundation for Suicide Prevention (AFSP), was featured on AFSP's website. Find out more at: [https://afsp.org/story/using-technology-to-measure-suicide-risk-in-teens-post-hospitalization?](https://afsp.org/story/using-technology-to-measure-suicide-risk-in-teens-post-hospitalization?_ke=eyJrbF9lbWFpbCI6ICJjYXRoZXJpbmUuZ2xlbm5Acn9jaGVzdGVyLmVkdSIsI_CJrbF9jb21wYW55X2lkIjogIkpYek52TCJ9)

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